

Kaiser Permanente Medicare Advantage (HMO) for retirees of Arlington Public Schools



HEALTH CARE WITHOUT COMPROMISE

Learn more at
myhealth.kp.org/apsva.



Join Kaiser Permanente for a top-notch Medicare Advantage health plan

Great extras with your plan:



Preventive dental care

You pay a \$30 copayment for each preventive care office visit, which includes up to two oral exams, two cleanings, and two bitewing X-rays every year. Other covered dental services are provided at a reduced fee.



Routine eye care

Your benefits include coverage for routine eye exams, glaucoma and cataract screenings, and an allowance on glasses and contact lenses. Visit kp2020.org for more information and to view our optical locations, conveniently located in many of our medical centers.



One Pass[®] fitness program¹

Choose from a large nationwide network of gyms and fitness centers and enjoy digital fitness classes from the comfort of home. For more information, visit YourOnePass.com or call **1-877-614-0618 (TTY 711)**, Monday through Friday, 9 a.m. to 10 p.m.



Transportation to medical appointments

Our plan includes 24 one-way rides per contract year for nonemergency medical appointments to Kaiser Permanente medical centers and contracted facilities at no extra cost. Call **1-855-932-5412**, 24 hours a day, 7 days a week, to schedule a ride.



Virtual care options

We offer flexible virtual care options to visit with your Kaiser Permanente doctor by phone or video² from the comfort of home. You can also call our 24/7 advice line and email your Kaiser Permanente doctor for nonurgent questions. Visit kp.org/getcare for more information.



BrainHQ

Online brain health exercises to help improve cognitive function, including memory, attention, and processing speed.

Not a member yet?

Call a Kaiser Permanente Medicare Specialist at **1-800-747-2189 (TTY 711)**, 8 a.m. to 8 p.m., 7 days a week.



KAISER PERMANENTE[®]

Benefits and services	You pay
Annual deductible	\$0
Outpatient services (per visit or procedure)	
Preventive care	\$0
Primary care office visit	\$10
Specialty care office visit	\$10
Physical therapy	\$10
Prescription drugs	
Kaiser Permanente prescription home delivery (Tier 1, up to 100-day supply)	\$5
Kaiser Permanente pharmacy (Tier 1, preferred generic, up to 60-day supply)	\$10
Participating retail pharmacy (Tier 1, preferred generic, up to 60-day supply)	\$15
Hospital and facility	
Outpatient surgery	\$0
Inpatient hospital care (per benefit period)	\$0
Emergency and Urgent Care (per visit or trip)	
Emergency care (copay waived if admitted to inpatient hospital)	\$50
Urgent Care	\$10
Ambulance	\$0
Diagnostic services, lab, and imaging	
Labs, X-rays, and other outpatient diagnostic tests	\$0
Other imaging procedures such as MRI, CT, and PET	\$0

Kaiser Permanente is an HMO plan with a Medicare contract. Enrollment in Kaiser Permanente depends on contract renewal. You must reside in the Kaiser Permanente Medicare health plan service area in which you enroll. This is a summary of the features of the Kaiser Permanente plan. For more information, read your Kaiser Permanente Summary of Benefits (SB). All benefits are subject to the definitions, limitations, and exclusions set forth in the *Evidence of Coverage* (EOC).

¹ One Pass® is a registered trademark of One Pass Solutions, Inc. in the U.S. and other jurisdictions and is a voluntary program.

² If you travel out of state, phone appointments and video visits may not be available due to state laws that may prevent doctors and health care providers from providing care across state lines. Laws differ by state.