



# Have you heard?

## We are getting a new name, but our commitment to you remains the same

We have exciting news to share. On March 1, 2023, Beacon Health Options will become **Carelon Behavioral Health**.

### How will this affect you?

You and your health are our top priority. Our new name will not impact your plan or your service.

- You do not need to take any action.
- Your benefits and plan will not change.
- You can see all of your previous doctors and health professionals.
- All phone numbers, emails, websites, and apps will redirect you to the right place.

### Why the change?

By joining the Carelon brand, we are able to expand our reach and our network. This helps us deliver services to meet all of your health needs.

### Care you can count on

We're looking forward to supporting your mental health needs in 2023.

## Legal and financial services

Talk to a financial or legal expert for consultations and discounts on services provided for divorce, real estate issues, debt management, and budgeting.

## Work/life services

Find information for services related to caregiving, education, growing families, and consumer resources.

## Online resources

Visit [achievesolutions.net/kaiser](https://achievesolutions.net/kaiser) to find information to help you improve your health and manage life events. You can also search for service providers in your area.


## Privacy is a priority

Your personal information is kept private as called for by federal and state laws. No one will know you have accessed the program services unless you grant permission or express a concern that presents a legal obligation to release information (for example, if it is believed you are a danger to yourself or to others).

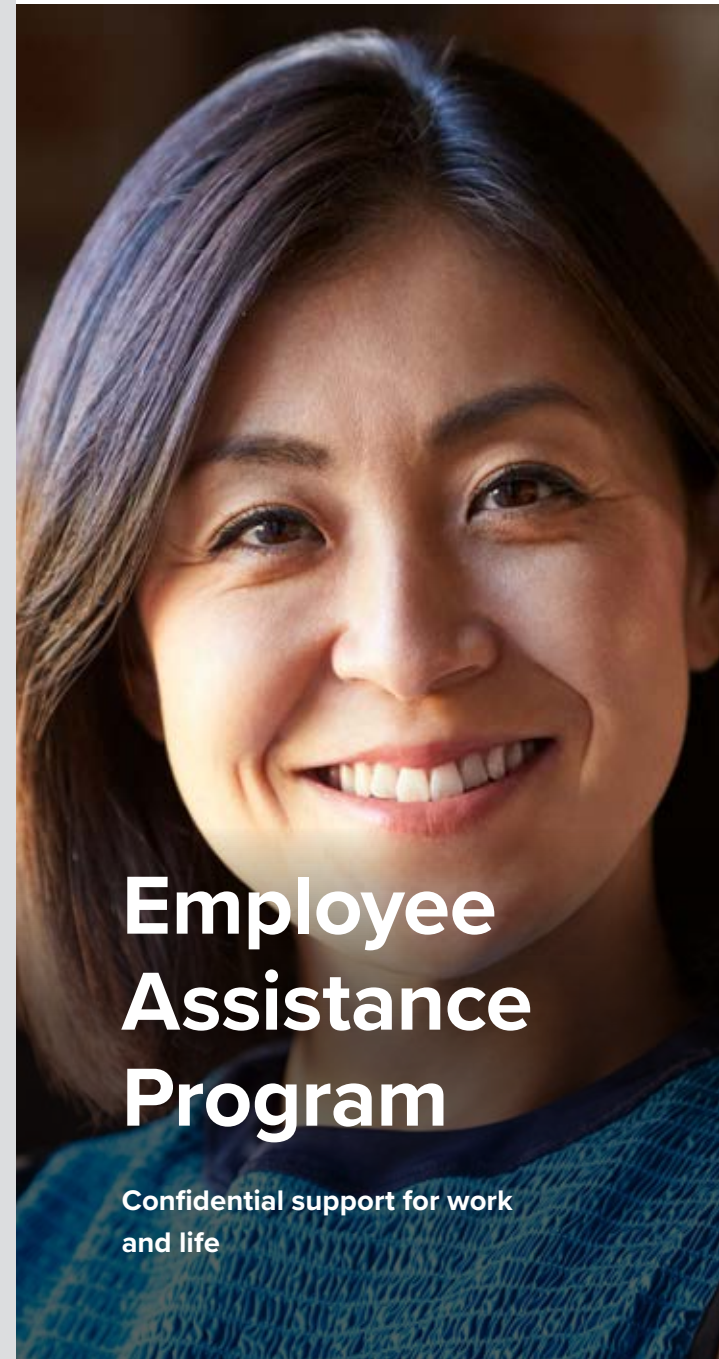


## Contact us

 **866-517-7042**

 [achievesolutions.net/kaiser](https://achievesolutions.net/kaiser)

*This brochure is for informational purposes only and does not guarantee eligibility for program services. Beacon Health Options services do not replace regular medical care. In an emergency, seek help immediately.*



# Employee Assistance Program

Confidential support for work and life

Life is busy. When you need more resources to manage it all or to manage an issue, Employee Assistance Program (EAP) professionals can help.

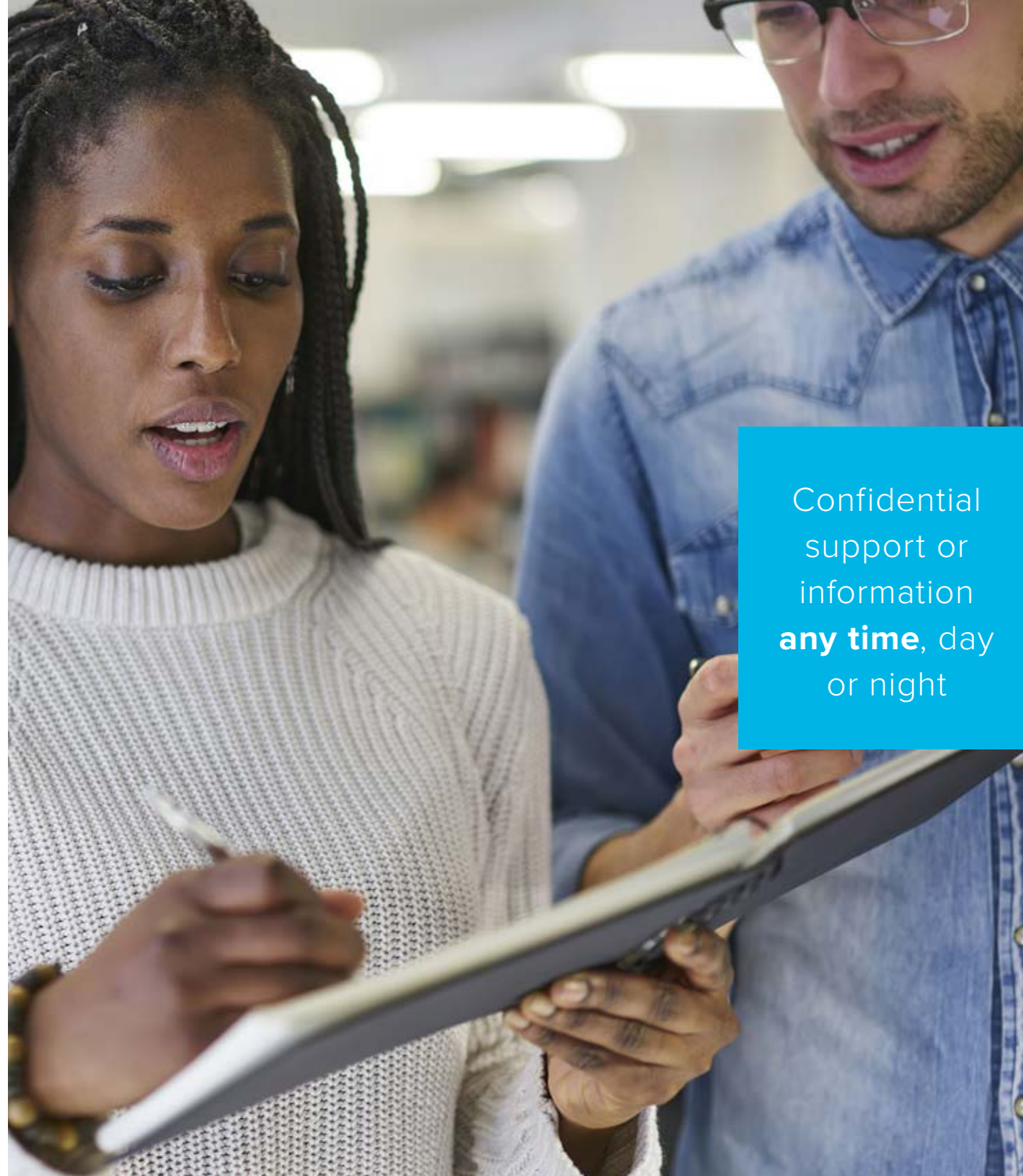
An EAP offers information, guidance, and support to help you and your family reach your personal and professional goals. It is part of the benefits offered by your employer, and is available at no cost to you.

## How it works

Go online or call the toll-free number on this brochure any time. An EAP professional will help to identify your issue and guide you to the appropriate support.

## Counseling services

Talk with a licensed counselor for support with issues such as managing stress, strengthening relationships, work/life balance, and grief and loss.



Confidential  
support or  
information  
**any time**, day  
or night