




# Need a quicker path to care?

## Choose a Get Care Now option from Kaiser Permanente



### Discover our range of 24/7 virtual care services, including E-visits, Get Care Now with a Clinician, and Chat with KP

With our online options, you can get care from the comfort of home—within 2 hours. But which option is right for you? Here's your guide to each service:

Service	What is it?	This option is good for members who...
 <b>E-visit</b>	Answer some basic questions online and receive advice from a physician	Want to get care on their own time for non-urgent medical needs like <b>sore throat, cold/flu, rash,</b> and more.
 <b>Get Care Now with a Clinician</b>	Video or phone visit <sup>1</sup> with a physician for urgent care—no appointment needed	Want to speak with a physician for urgent care but don't need to be seen in person; this is also a great option when traveling
 <b>Chat with KP</b>	Chat with a nurse for care advice or member services for plan information	Feel unsure about where to start or how to access care

### Get online care for these health matters and more:

- Cold, sinus, and flu-like symptoms
- COVID-19 testing and immunizations
- Emergency contraception<sup>2</sup>
- Herpes (cold sores or genital)<sup>2</sup>
- Influenza (flu) shot scheduling
- International travel immunization
- Mental wellness (anxiety and/or depression)<sup>2</sup>
- Rash (ages 2 months and up)
- STI (sexually transmitted infection) testing<sup>2</sup>
- Urinary symptoms<sup>2</sup>
- Vaginal discharge<sup>2</sup>
- Work or school notes
- **And more**



### Ready to get started?

Learn more about these services and our other virtual care options at [kp.org/getcare](https://kp.org/getcare) or sign in to your KP account and click Get Care Now.

← Scan the QR code to learn more.



<sup>1</sup>When appropriate and available. If you travel out of state, phone appointments and video visits may not be available in select states due to licensing laws. Laws differ by state.

<sup>2</sup>Available for members ages 18 and up.