




Need a quicker path to care?

Choose a Get Care Now option from Kaiser Permanente



Discover our range of 24/7 virtual care services, including E-visits, Get Care Now with a Clinician, and Chat with KP

With our online options, you can get care from the comfort of home—within 2 hours. But which option is right for you? Here's your guide to each service:

Service	What is it?	This option is good for members who...
 E-visit	Answer some basic questions online and receive advice from a physician	Want to get care on their own time for non-urgent medical needs like sore throat, cold/flu, rash, and more.
 Get Care Now with a Clinician	Video or phone visit ¹ with a physician for urgent care—no appointment needed	Want to speak with a physician for urgent care but don't need to be seen in person; this is also a great option when traveling
 Chat with KP	Chat with a nurse for care advice or member services for plan information	Feel unsure about where to start or how to access care

Get online care for these health matters and more:

- Cold, sinus, and flu-like symptoms
- COVID-19 testing and immunizations
- Emergency contraception²
- Herpes (cold sores or genital)²
- Influenza (flu) shot scheduling
- International travel immunization
- Mental wellness (anxiety and/or depression)²
- Rash (ages 2 months and up)
- STI (sexually transmitted infection) testing²
- Urinary symptoms²
- Vaginal discharge²
- Work or school notes
- **And more**



Ready to get started?

Learn more about these services and our other virtual care options at kp.org/getcare or sign in to your KP account and click Get Care Now.

← Scan the QR code to learn more.



¹When appropriate and available. If you travel out of state, phone appointments and video visits may not be available in select states due to licensing laws. Laws differ by state.

²Available for members ages 18 and up.