THE DOCTOR WILL SEE YOU NOW.

See physicians and providers for non-urgent and urgent symptoms by video visit—wherever you need.





Register at **kp.org** today to schedule a video visit. Add or download the Kaiser Permanente app to get started.





WHY USE A KAISER PERMANENTE VIDEO VISIT?



STAY CONNECTED

Many video services require you to provide all your health information. But at Kaiser Permanente, you and all of your caregivers are connected through your electronic medical record, including your personal physician, specialists, and even emergency physicians. They know you and your health history, so they can provide personalized care no matter how you choose to see them—in person or by video visit.



PAY \$0

Members enrolled in Kaiser Permanente coverage through Fairfax County Public Schools have no copay, coinsurance, or deductible for video visits. Plus, there's no need to pay a sitter, take time off work, or pay for gas, parking, or cab or train fares.



SAVE TIME

Why travel across town? Have your appointment anywhere you can connect with a mobile device—from home, the office, the gym, or the classroom. Get care on your terms—you're in control.



GET CARE NOW— NO APPOINTMENT NEEDED

With our Get Care Now on-demand service, no appointment is needed for Urgent Care. You can see the next-available clinician today by video. Connect to this virtual care service 24/7. You can make video visit appointments online 24/7 at **kp.org** or using the KP app. You can also call our appointment line at **800-777-7904** (TTY **711**).



GET CARE FOR JUST ABOUT ANYTHING

Video visits are available for most situations and conditions, including:

- Cough/cold/flu/sore throat/ allergies/sinus conditions
- Pink-eye
- Nausea/vomiting/diarrhea (no abdominal pain)
- Minor injuries/aches and pains
- Skin conditions

- Sleep or mood problems
- Follow-up care for chronic conditions
- Urinary issues
- Seen by your doctor within past 2 weeks and your condition has not improved
- Medication questions



COORDINATED CARE

During your video visit, the physicians can order your prescriptions, labs, and radiology imaging. They can also arrange any needed follow-up care or referrals after your video visit. The doctors can remind you about and arrange for your preventive health checks—all when you receive care in Kaiser Permanente facilities.



GET HELP IN YOUR LANGUAGE

During your video visit, you can request a language or American Sign Language interpreter to help assist you during your appointment.



GET STARTED WITH VIDEO VISITS

Through **kp.org** or by using the Kaiser Permanente app, you can schedule a video visit online with a specific provider, or join a Get Care Now video visit with an Urgent Care physician.

If you travel out of state, phone appointments and video visits may not be available due to state laws that may prevent doctors and health care providers from providing care across state lines. Laws differ by state.