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Northern Virginia

FEBRUARY 2024

TOP DOCTORS

See who's best in **55 specialties**,
as chosen by their peers
and hospitals

Dr. Robin West ▶
Inova Medical Group
Sports Medicine & Rehabilitation



**HOW TO GET
BETTER SLEEP
NOW**



PERMANENTE 2024 TOP DOCTORS

METHODOLOGY

Every year, we ask doctors in Northern Virginia and DC to nominate the region's Top Doctors in over 50 specialties. Along with peer surveys, we reached out to the area's hospitals to nominate their best doctors. The list features a combination of peer nominations and hospital panel and medical group selections.

PEER REVIEW: We sent surveys to Northern Virginia and DC doctors asking them to recommend other doctors to whom they would refer friends and family.

HOSPITAL PANEL: We worked with local hospitals and medical groups to put together panels of head doctors to discriminately look at those with privileges at their hospital and practice. Each panel nominated doctors based on the internal tools they are privy to: internal evaluations, patient reviews, and overall quality of care.

Although some Top Doctor winners choose to advertise in the magazine, doctors cannot pay to be included on the list. The listing and the advertising sections are separate entities.

HOSPITAL PANELS

Children's National Hospital
111 Michigan Ave. NW,
Washington, DC 20010;
202-476-4000
childrensnational.org

Mary Washington Hospital
1001 Sam Perry Blvd.,
Fredericksburg, VA 22401;
540-741-1100
marywashingtonhealthcare.com

**MedStar Washington
Hospital Center**
110 Irving St. NW,

Washington, DC 20010;
202-877-7000
medstarwashington.org

**Mid-Atlantic Permanente
Medical Group
Kaiser Permanente Tysons
Corner Medical Center**
8008 Westpark Dr., McLean, VA
22102; 703-287-6400
kp.org

**Mid-Atlantic Permanente
Medical Group
Kaiser Permanente Capitol
Hill Medical Center**

700 Second St. NE,
Washington, DC 20002;
202-346-3000
kp.org

**Sentara Northern Virginia
Medical Center**
2300 Opitz Blvd., Woodbridge,
VA 22191; 703-523-0100
sentara.com

Sibley Memorial Hospital
5255 Loughboro Rd. NW,
Washington, DC 20016;
202-537-4000
sibley.org

Stafford Hospital
101 Hospital Center Blvd.,
Stafford, VA 22554;
540-741-9000
marywashingtonhealthcare.com

Virginia Hospital Center
1701 N. George Mason Dr.,
Arlington, VA 22205;
703-558-6104
virginiahospitalcenter.com

PERMANENTE TOP DOCTORS 2024

ALLERGY & IMMUNOLOGY

Troy Baker

Meredith Heltzer

Special interests: immunology, food allergies, pediatrics

Patricia McNally

Stephen Scranton

CARDIOLOGY

Bassel Beitinjaneh

Tania Chao

Amey Kulkarni

Yaning Liu

Special interests: nuclear cardiology, transesophageal echocardiogram

Sudip Saha

Constantine Tziros

CARDIOLOGY - INTERVENTIONAL

Natalia Berry

Benjamin Galper

Special interests: structural heart disease, peripheral vascular disease, coronary artery disease

CHILD PSYCHOLOGY

Ashley Miller

Asha Patton-Smith

COLON & RECTAL SURGERY

Irfan Rizvi

Special interests: robotic colorectal surgery; colon and rectal cancer surgery; surgical management of inflammatory bowel disease

Julia Sone

Special interests: high resolution anoscopy, colon cancer, rectal cancer

DERMATOLOGY

Paul Bujanauskas

Kristin Cam Missmar

Michael Lorek

Mark Naftanel

Wanda Patterson

ENDOCRINOLOGY

Daniella Hines

Deepak Kashyap

Special interests: thyroid fine needle aspiration, thyroid disorders, osteoporosis

John Reyes-Castano

Special interests: general adult endocrinology, thyroid disease, diabetes mellitus

Lida Tabatabaeian

FAMILY MEDICINE

Amardeep Athwal

Elias (Bruce) Awad

Saurabh Gambhir

Daniel F. Harris

Akila Iyer

Zahir Jimenez-Tosado

Special interests: preventive medicine; helping diabetics control their glucose and make lifestyle changes

Rachel Marquez

Cristina Policarpio

Margaret Rockwood

Merrell Sami

Cassandra M. Sims

Special interests: women's health, adolescent health, preventive medicine

Ratih Sudharto

Special interests: preventive care, women's health, obesity medicine

Jeannette Tao

Michelle M. Tran

Ayse Turgut

Special interests: women's health

FOOT AND ANKLE SURGERY

Ryan Ahalt

Robert Grandinetti

GASTROENTEROLOGY

Ali Fazel

Sonia Gosain

Lakshmi Lattimer

Amy Lin

Jesse K. Liu

Special interests: gastroesophageal reflux disease, esophageal motility disorders, colorectal cancer screening

Nalini Sharma

Eric Wollins

Special interests: colon cancer screening; evaluation and treatment of Barrett's esophagus

GERIATRIC MEDICINE

Angela Hsu

Jonathan B. Menezes

Seraphine

Soosaimanickam

Special interests: dementia

HAND SURGERY

Nikhil Oak

Swati Shirali

HOSPICE & PALLIATIVE MEDICINE

Charles Brennt

Carol Chang

Shashikala Kura

Jane Ann Lee

INFECTIOUS DISEASES

Nhat Minh Doan

Michael Horberg

Ligia Pic-Aluas

Special interests: transplant infectious diseases, hospital-acquired infections, HIV

David S. Yoho

INTERNAL MEDICINE

Summer Abdel-Megeed

Farah Abdulsalam

M. Pamela Alexander

Esther Bahk

Holly Batal

Leigh Boldt

PERMANENTE TOP DOCTORS 2024

INTERNAL MEDICINE

Rachel Burchard
Seung Chae
Banti Chand
Albert Y. Cheung
Suma Doppalapudi
Janet Dougherty
Marie Huynh
Geoffrey Long
Nidhi Malik

Hoang-An Nguyen
 Special interests: preventive medicine; diabetes; preserving quality of life by minimizing medications

Vu T. Nguyen
 Special interests: adult medicine

Lellise Shewakena

Julie C. Sim

Jonas Wiltz

Dan Yu

MATERNAL AND FETAL MEDICINE

Kristin Knight
 Special interests: prenatal diagnostic ultrasound, pre-term birth prevention, fetal growth restriction

Dana Figueroa Marzilli

NEPHROLOGY

Ronaldo Mayuga
 Special interests: hypertension, chronic kidney disease, dialysis

Tulsi K. Mehta

Vasudha Narayana

Andrew Y. Peng

Daniel Wolde

Aklilu A. Yishak
 Special interests: kidney and pancreas transplant; general nephrology; hypertension

NEUROLOGY

Harman Bajwa
 Special interests: electromyography

Hilary Newgen
 Special interests: electroencephalogram

Ifeoma Nwaneri

Arash Taavoni

Alpa Vashist

OBSTETRICS/GYNECOLOGY

Julie Ambrose

Amy Banulis

Geannie Bennett

Jennifer Biggs

Stella Blosser
 Special interests: minimally invasive surgery, fibroids, endometriosis

Jessica Bullard

Hong-Hanh Chau

Nahed Ezmerli
 Special interests: maternal fetal medicine

Shelly-Ann James

Deepali Kothary

Eunice Lee

Chi-Tsui Vivia Liang

Gabriela Mandolesi

Joilyn Martin

Bhavisha Menezes

Bethanne Miller

Hania Qutub
 Special interests: minimally invasive gynecology

Tammy Rosenthal

Evelyn Ruelaz

Kathryn Smith

Nicole Tate

Mark Tretiak
 Special interests: obstetrics, minimally invasive surgery, menopause

ONCOLOGY/ HEMATOLOGY

Shalini Dogra
 Special interests: bladder cancer, pancreatic tumor, prostate cancer

Iva Ferreira
 Special interests: bladder cancer, pancreatic tumor, prostate cancer

Renee Funches
 Special interests: bladder cancer, pancreatic tumor, prostate cancer

Aloysius Pereira

OPHTHALMOLOGY

David H. Chu
 Special interests: glaucoma

Minh-Phuong Doan
 Special interests: cornea, external disease, Botox

Julia Fullerton

Special interests: cornea, external disease

Ali Khorrami
 Special interests: complicated retinal detachment repairs; management of complicated diabetic retinopathy; repair of dislocated intraocular lens

Jonathan P. Kruger

Farhan Malik

Christopher Shen

Joseph Territo

ORTHOPEDIC SURGERY

Marc Kouyoumdjian

Michael P. O'Reilly
 Special interests: total joint replacement surgery

Leah Schulte
 Special interests: trauma surgery

Anil Taneja

OTOLARYNGOLOGY

Nancy Judd
 Special interests: head and neck surgical oncology

Sarita Kaza

Noah Meltzer
 Special interests: facial plastic surgery, transsphenoidal resection of pituitary adenomas

Thuy-Anh Melvin

Nitinkumar Patel
 Special interests: pediatric ear, nose, and throat; voice disorders; sinus disorders

Shankar Sridhara
 Special interests: inflammatory ear disease, conductive hearing loss

PERMANENTE TOP DOCTORS 2024

OTOLARYNGOLOGY

Edward Tsong

Special interests: thyroid and parathyroid surgery; head and neck oncology; transphenoidal resection of pituitary adenomas

PAIN MEDICINE

Prashanth Mally

Special interests: chronic pain management

Sharat Narayanan

PEDIATRIC CARDIOLOGY

Carla Hanash

Special interests: fetal echocardiogram; adult and pediatric congenital heart disease

Jason Mitchell

PEDIATRIC ENDOCRINOLOGY

Katherine Stanley

PEDIATRIC GASTROENTEROLOGY

Raaf Ghouse

Special interests: inflammatory bowel disease, eosinophilic esophagitis, gastroesophageal reflux disease

Asha Willis

PEDIATRICS

Christine Ashburn

Ashwin Chakurkar

Special interests: pediatrics, pediatric emergency medicine

Pemmaraju Saleena Dakin

Pupi Demissie

Mona Iskander

Katherine B. King

Michelle McGarry-Hansen

Cathy McLernon

Amy Reddy

Gita Reddy

Abha Saha

Carolyn Sanchez

Edgard Segura

Azka Sophie

Brent Thibodeaux

Hetti Wickramasinghe

Sienna Winer

PHYSICAL MEDICINE & REHABILITATION

Spencer Tseng

Special interests: spine, sports medicine

PODIATRY

Annie McLenahan

Special interests: foot and ankle reconstruction; foot and ankle trauma

Matthew Testani

Eleanor Wilson

PSYCHIATRY

Brian Hernandez

Special interests: electroconvulsive therapy

Shweta Verma

Gebrehana Zebro

PULMONARY DISEASE

Mrunalini Chakurkar

Special interests: sleep medicine, endobronchial ultrasound bronchoscopy

Eileen Hsu

Special interests: endobronchial ultrasound bronchoscopy

RHEUMATOLOGY

Mala Mehta

Nora R. Taylor

Special interests: rheumatoid arthritis, lupus, musculoskeletal ultrasound

Lynda Tilluckdharry

Special interests: rheumatoid arthritis; systemic lupus erythematosus; psoriatic arthritis and spondylarthropathy

SPINE SURGERY

John Ergener

Steven Scherping

SPORTS MEDICINE & REHABILITATION

Richard V. Sisson

SURGERY

John D. Butler

Jenny Hong

Sonya Krolik

Kashif Malik

Chaitanya Mangalmurti

Kelly Meehan

UROLOGY

James Jezior

Special interests: reconstructive urology, transgender surgery complications

Timothy Kim

Special interests: kidney, bladder, and prostate cancers

Tiffany Sotelo

Special interests: female pelvic medicine, reconstructive surgery

VASCULAR & INTERVENTIONAL RADIOLOGY

Shahine Baghai

Carson Campe

Vivek Mathur

Special interests: oncology, women's health, peripheral artery disease

Michael J. Stone

VASCULAR SURGERY

Shyam Krishnan

