

4 Romantic Weekend
Escapes

A NoVA Studio Making
Platinum Records

How Entrepreneur Chuck
Kuhn Got His Start

World-Class Japanese
Food in Tysons

Northern Virginia

FEBRUARY 2025

TOP DOCS

Find the Best Physicians

in **56** Specialties

Dr. Felasfa M.
Wodajo
Musculoskeletal
Tumor Surgeon
Virginia Cancer
Specialists

WHO
MADE
THE
LIST?

PLUS:
Here's what you
need to know
about using
injectables for
weight loss

PERMANENTE 2025 TOP DOCTORS

METHODOLOGY

Creating our annual Top Doctors list is nearly a year-long endeavor. Here's how the process works.

We ask for nominations in two ways:

PEER REVIEW: We send surveys to Northern Virginia and DC doctors asking them to recommend other doctors to whom they would refer friends and family.

HOSPITAL PANELS: We invite local hospitals to assemble panels comprised of medical directors and other hospital

leadership to select physicians to nominate from within their systems. Each panel nominates doctors based on internal criteria.

Our editorial staff then vets the peer nominations and hospital panel selections to come up with the final list. Although some Top Doctor winners choose to advertise in the magazine, doctors cannot pay to be included on the list. The listing and the advertising sections are separate entities.

HOSPITAL PANELS

Children's National Hospital
111 Michigan Ave. NW,
Washington, DC 20010
202-476-5000
childrensnational.org

Fauquier Health
500 Hospital Dr., Warrenton,
VA 20186
540-316-5000
fauquierhealth.org

Inova
8095 Innovation Park
Dr., Fairfax, VA 22031
855-694-6682
inova.org

Mary Washington Healthcare
2300 Fall Hill Ave.,
Fredericksburg, VA 22401
540-741-1404
marywashingtonhealthcare.
com

**MedStar Washington
Hospital Center**
110 Irving St. NW, Washington,
DC 20010
202-877-7000
medstarwashington.org

**Mid-Atlantic Permanente
Medical Group of Northern
Virginia**
8008 Westpark Dr., McLean,
VA 22102
703-287-6400
kp.org

**Sentara Northern Virginia
Medical Center**
2300 Opitz Blvd.,
Woodbridge, VA 22191
703-523-1000
sentara.com

**Sibley Memorial Hospital/
Johns Hopkins Medicine**
5255 Loughboro Rd. NW,
Washington, DC 20016
202-537-4000
hopkinsmedicine.org/
sibley-memorial-hospital

VHC Health
1701 N. George Mason Dr.,
Arlington, VA 22205
703-558-5000
vhchealth.org

PERMANENTE TOP DOCTORS 2025

Allergy & Immunology

Troy Baker, DO

Meredith Heltzer, MD
Areas of Focus: immunology, food allergies, pediatrics

Stephen Scranton, MD

Cardiology

Tania Chao, MD

Yaning Liu, MD
Areas of Focus: nuclear cardiology, transesophageal echocardiogram

Constantine Tziros, MD

Cardiology - Interventional

Benjamin Galper, MD
Areas of Focus: structural heart disease, peripheral vascular disease, coronary artery disease

Amey Kulkarni, MD

Child Psychiatry

Ross Goodwin, MD

Ashley Miller, MD

Asha Patton-Smith, MD

Colon & Rectal Surgery

Irfan Rizvi, MD
Areas of Focus: robotic colorectal surgery; colon and rectal cancer surgery; surgical management of inflammatory bowel disease

Dermatology

Paul Bujanauskas, MD

Kristin Cam, MD

Randa Khoury

Michael Lorek, MD

Mark Naftanel, MD

Wanda Patterson, MD

Kurt Wenk, MD

Endocrinology

Daniella Hines, MD

Deepak Kashyap, MD
Areas of Focus: thyroid fine needle aspiration, thyroid disorders, osteoporosis

John Reyes-Castano, MD
Areas of Focus: general adult endocrinology, thyroid disease, diabetes mellitus

Lida Tabatabaieian, MD

Family Medicine

Elias Bruce Awad, MD

Daniel F. Harris, MD

Zahir Jimenez-Tosado, MD
Areas of Focus: preventive medicine; helping diabetics control their glucose and make lifestyle changes

Rachel Marquez, MD

Mahvash Mujahid, MD

Cristina Policarpio, MD

Andaleeb Rahman, MD

Cassandra M. Sims, MD
Areas of Focus: women's health, adolescent health, preventive medicine

Ratih Sudharto, MD
Areas of Focus: preventive care, women's health, obesity medicine

Jeannette Tao, MD

Ashley Tennyson, MD

Michelle M. Tran, MD

Ayse Turgut, MD
Areas of Focus: women's health

Christie Youssef, MD

Foot & Ankle Surgery

Christopher Bourke, DPM

Tonda Wooten, DPM

Gastroenterology

Ali Fazel, MD

Alexander Jow

Mitchell Kang, MD

Jesse K. Liu, MD
Areas of Focus: gastroesophageal reflux disease, esophageal motility disorders, colorectal cancer screening

Kishan Patel, MD

Nalini Sharma, MD

Eric Wollins, MD
Areas of Focus: colon cancer screening; evaluation and treatment of Barrett's esophagus

Geriatric Medicine

Angela Hsu, MD

Jonathan B. Menezes, MD

Zakiya Sadeq, MD

Seraphine Soosaimanickam, MD

Hand Surgery

Nikhil Oak, MD

Swati Shirali, MD

Hematology/Oncology

Shalini Dogra, MD
Areas of Focus: bladder cancer, pancreatic tumor, prostate cancer

Iva Ferreira, MD
Areas of Focus: bladder cancer, pancreatic tumor, prostate cancer

Renee Funches, MD
Areas of Focus: bladder cancer, pancreatic tumor, prostate cancer

Solaiman Futuri, MD

Hospice & Palliative Medicine

Carol Chang, MD

Jeffrey Kin, MD

Shashikala Kura, MD

Jane Ann Lee, MD

Infectious Disease

Nhat Minh Doan, MD

Peter Kadlecik, MD

Ligia Pic-Aluas, MD
Areas of Focus: transplant infectious diseases, hospital-acquired infections, HIV

Rana Traboulsi, MD

David S. Yoho, MD

Jan Zakrzewski

PERMANENTE TOP DOCTORS 2025

Internal Medicine

Summer Abdel-Megeed, MD
 M. Pamela Alexander, MD
 Esther Bahk, MD
 Holly Batal, MD
 Leigh Boldt, MD
 Rachel Burchard, MD
 Seung Chae, MD
 Suma Doppalapudi, MD
 Marie Huynh, MD
 Anna Kraszewska, MD
 Kusuma Nanduri, MD
 Vu T. Nguyen, MD
 Dieu-Thi Nguyen, MD
 Jonas Wiltz, MD

Maternal & Fetal Medicine

Kristin Knight, MD
Areas of Focus: prenatal diagnostic ultrasound, testing preterm birth prevention, fetal growth restriction
 Dana Figueroa Marzilli, MD

Nephrology

Ronaldo Mayuga, MD
Areas of Focus: hypertension, chronic kidney disease, dialysis
 Tulsi K. Mehta, MD
 Vasudha Narayana, MD
 Andrew Y. Peng, MD
 Daniel Wolde, MD
 Aklilu A. Yishak, MD

Areas of Focus: pancreas transplant, hypertension

Neurology

Harman Bajwa, MD
Areas of Focus: electromyography
 Hilary Newgen, MD
Areas of Focus: electroencephalogram
 Ifeoma Nwaneri, MD
 Zahra Rezvani, MD

OB/GYN

Sherlonda Asante, MD
 Amy Banulis, MD
 Stella Blosser, MD
Areas of Focus: minimally invasive surgery, fibroids, endometriosis
 Jessica Bullard, MD
 Nahed Ezmerli, MD
Areas of Focus: maternal fetal medicine

Carolyn Gorman, MD
 Shelly-Ann James, MD
 Kiila Johnson, MD
 Chi-Tsui Vivia Liang, MD
 Gabriela Mandolesi, MD
 Joilyn Martin, MD
 Bhavisha Menezes, MD
 Bethanne Miller, MD

Hania Qutub, MD
Areas of Focus: minimally invasive gynecology
 Mark Tretiak, MD
Areas of Focus: obstetrics, minimally invasive surgery,

menopause

Ophthalmology

Daniel Albertus, MD
 David H. Chu, MD
Areas of Focus: glaucoma
 Minh-Phuong Doan, MD
Areas of Focus: cornea and external disease; Botox
 Julia Fullerton, MD
Areas of Focus: cornea and external disease
 Niral Gandhi, MD
 Ali Khorrami, MD
Areas of Focus: complicated retinal detachment repairs; management of complicated diabetic retinopathy; repair of dislocated intraocular lens
 Jonathan P. Kruger, MD
 Farhan Malik, MD
 Farhan Merali, MD

Orthopedic Surgery

Anthony Ho, MD
 Matthew Kinney, MD
 Marc Kouyoumdjian, MD
 Michael P. O'Reilly, MD
Areas of Focus: total joint replacement surgery
 Leah Schulte, MD
Areas of Focus: trauma surgery
 Anil Taneja, MD
 Nancy Judd, MD
Areas of Focus: head and neck surgical oncology

Otolaryngology

Sarita Kaza, MD

Tawfiq Khoury, MD
 Noah Meltzer, MD
Areas of Focus: facial plastic surgery, transsphenoidal resection of pituitary adenomas
 Thuy-Anh Melvin, MD
 James Owusu, MD
 Nitinkumar Patel, MD
Areas of Focus: pediatric ear, nose, and throat; voice disorders; sinus disorders

Shankar Sridhara, MD
Areas of Focus: inflammatory ear disease, conductive hearing loss
 Marietta Tan, MD
 Edward Tsong, MD
Areas of Focus: thyroid and parathyroid surgery; head and neck oncology; transsphenoidal resection of pituitary adenomas

Pain Medicine

Prashanth Mally, MD
Areas of Focus: chronic pain management
 Sharat Narayanan, MD

Pediatric Cardiology

Carla Hanash, MD
Areas of Focus: fetal echocardiogram; adult and pediatric congenital heart disease

Jason Mitchell, MD

Pediatric Dermatology

Laura Gifford, MD

PERMANENTE TOP DOCTORS 2025

Dakara Wright, MD

Pediatric Endocrinology

Katherine Stanley, MD

Pediatric Gastroenterology

Raaf Ghose, MD
Areas of Focus: inflammatory bowel disease, eosinophilic esophagitis, gastroesophageal reflux disease

Pediatric Hematology/Oncology

Sabrina Kimrey, MD

Pediatric Neurology

Alpa Vashist, MD

Pediatrics

Jennifer Andresen, MD

Christine Ashburn, MD

Pemmaraju Saleena Dakin, MD

Pupi Demissie, MD

Mona Iskander, MD

Michelle McGarry-Hansen, MD

Cathy McLernon, MD

Amy Reddy, MD

Gita Reddy, MD

Abha Saha, MD

Azadeh Sami, MD

Brent Thibodeaux, MD

Zoya Tirmizi, MD

Hetti Wickramasinghe, MD

Sienna Winer, MD

Physical Medicine & Rehabilitation

Steve Scherping, MD

Spencer Tseng, MD
Areas of Focus: spine, sports medicine

Podiatry

Ryan Ahalt, DPM

Eleanor Wilson, DPM

Psychiatry

Brian Hernandez, MD
Areas of Focus: electroconvulsive therapy

Max Simonsen, MD

Joseph Tasosa, MD

Shweta Verma, MD

Gebrehana Zebro, MD

Pulmonary Disease

Mrunalini Chakurkar, MD
Areas of Focus: sleep medicine, endobronchial ultrasound bronchoscopy

Eileen Hsu, MD
Areas of Focus: endobronchial ultrasound bronchoscopy

Rubina Khair, MD

Rheumatology

Pankaj Jain, MD

Mala Mehta, MD

Sonia Nair, MD

Nora R. Taylor, MD

Areas of Focus: rheumatoid arthritis, lupus, musculoskeletal ultrasound

Lynda Tilluckdharry, MD
Areas of Focus: rheumatoid arthritis; systemic lupus erythematosus; psoriatic arthritis and spondyloarthritis

Spine Surgery

John Ergener, MD

Mina Tanios, MD

Sports Medicine & Rehabilitation

Najam Fasihi, MD

Sameer Oak, MD

Richard V. Sisson, MD

Surgery

John D. Butler, MD

Gao Chen, MD

Gwen Garnett, MD

Jenny Hong, MD

Sonya Krolik, MD

Virginia Madey, MD

Chaitanya Mangalmurti, MD

Kelly Meehan, MD

Kimberly Beck Suri, MD

Swee Teh, MD

Thoracic Surgery

Nyen Chong, MD

Urology (pediatric)

Tanya Davis, MD

Urology

Sameer Deshmukh, MD

James Jezior, MD
Areas of Focus: reconstructive urology, transgender surgery complications

Timothy Kim, MD
Areas of Focus: kidney, bladder, prostate cancers

Kai Li, MD

Tiffany Sotelo, MD
Areas of Focus: female pelvic medicine, reconstructive surgery

Vascular & Interventional Radiology

Shahine Baghai, MD

Carson Campe, MD

Vivek Mathur, MD
Areas of Focus: oncology, women's health, peripheral artery disease

Rich Rana, MD

Michael J. Stone, MD

Vascular Surgery

Hyein Kim, MD

Shyam Krishnan, MD

Kaiser Permanente medical facilities (with premier hospitals)

Maryland

- 1 Abingdon Medical Center
 - 2 Annapolis Medical Center
 - 3 **FUTURE LOCATION**
Medical Center in Aspen Hill
 - 4 Kaiser Permanente Baltimore Harbor Medical Center
 - 5 Bowie Fairwood Medical Center
 - 6 Camp Springs Medical Center
 - 7 Columbia Gateway Medical Center
 - 8 Kaiser Permanente Frederick Medical Center
 - 9 Gaithersburg Medical Center
 - 10 Kensington Medical Center
 - 11 Largo Medical Center
 - 12 Lutherville-Timonium Medical Center
 - 13 Marlow Heights Medical Center
 - 14 North Arundel Medical Center
 - 15 Shady Grove Medical Center
 - 16 Silver Spring Medical Center
 - 17 South Baltimore County Medical Center
 - 18 **FUTURE LOCATION**
Southern Maryland Medical Center
- 19  Friendship Heights
by KAISER PERMANENTE.
- 20 West Hyattsville Medical Center
 - 21 White Marsh Medical Center
 - 22 Woodlawn Medical Center

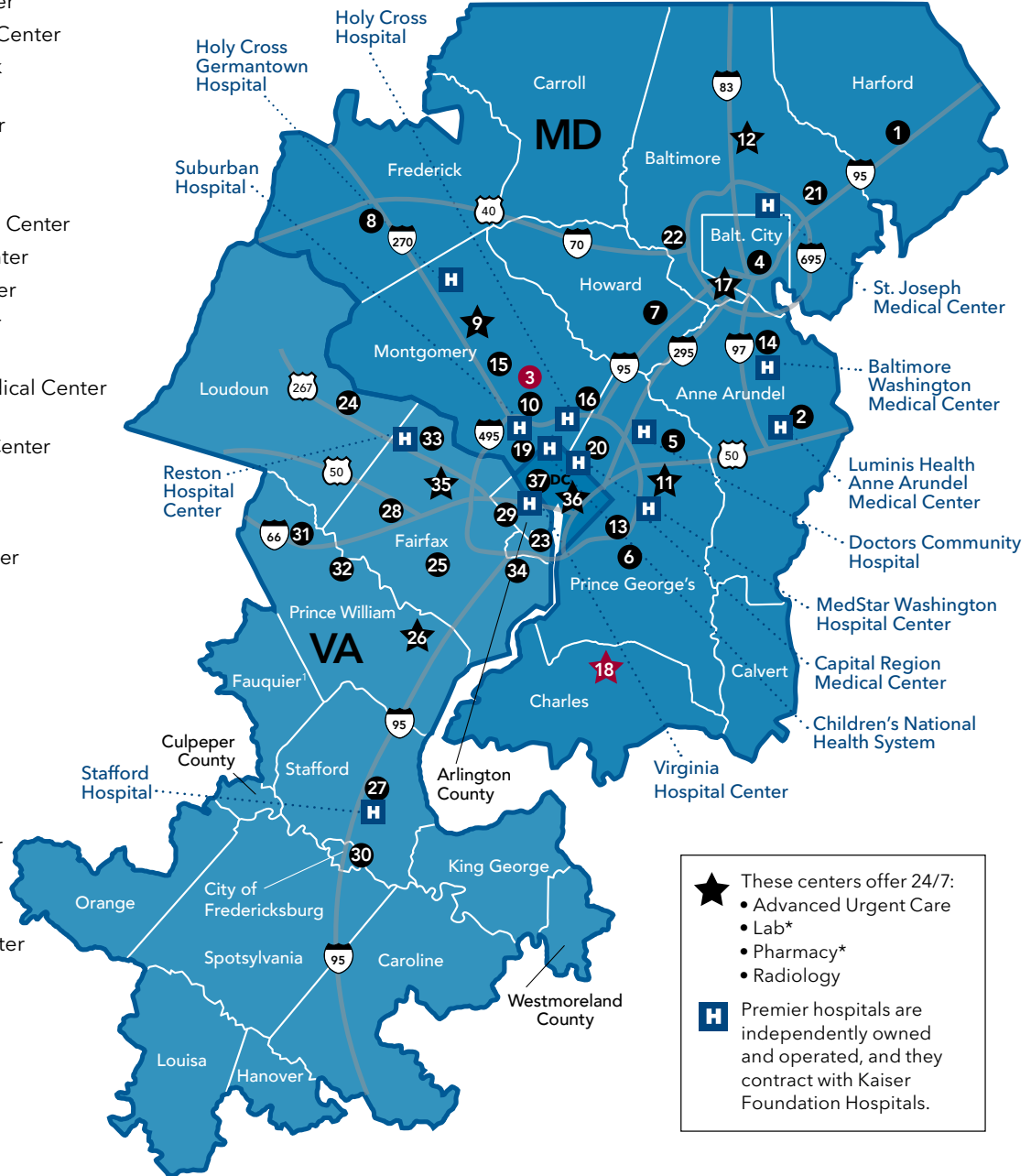
Virginia

- 23 Alexandria Medical Center
- 24 Ashburn Medical Center
- 25 Burke Medical Center
- 26 Caton Hill Medical Center
- 27 Colonial Forge Medical Center
- 28 Fair Oaks Medical Center
- 29 Falls Church Medical Center
- 30 Fredericksburg Medical Center
- 31 Haymarket Crossroads Medical Center
- 32 Manassas Medical Center

- 33 Reston Medical Center
- 34 Springfield Medical Center
- 35 Tysons Corner Medical Center

Washington, DC

- 36 Kaiser Permanente Capitol Hill Medical Center
- 37 Northwest DC Medical Office Building



- ★ These centers offer 24/7:
 - Advanced Urgent Care
 - Lab*
 - Pharmacy*
 - Radiology
- H** Premier hospitals are independently owned and operated, and they contract with Kaiser Foundation Hospitals.

*Extended pharmacy hours at Gaithersburg and Lutherville-Timonium and extended lab hours at Tysons Corner.

For our most up-to-date listing of facilities and services available, please check kp.org/facilities.

†Kaiser Permanente's service area in Fauquier County includes the following ZIP codes: 20115, 20116, 20117, 20119, 20128, 20137, 20138, 20139, 20140, 20144, 20181, 20184, 20185, 20186, 20187, 20188, 20198, 22406, 22556, 22639, 22642, 22643, 22720, 22728, and 22739.