

Over-the-Counter (OTC) Benefit

Your employer has contracted with Kaiser Permanente to provide this added benefit.

Your Medicare health plan includes a \$50 quarterly benefit* that can be used to order health and wellness products that do not require a prescription such as:

- Vitamins and minerals
- Allergy, cough, and cold remedies
- Antacids, laxatives, and stomach aids
- Pain relievers and fever reducers
- First aid kits, joint supports, and incontinence products
- Blood pressure monitors and thermometers
- Diabetic supplies such as compression stockings and sharps containers

To order, visit kp.org/otc/mas or call **1-833-881-1422**, Monday through Friday, 8 a.m. to 7 p.m.

* OTC benefits may change each year on January 1. Each order must be at least \$20. Any unused portion of the quarterly benefit limit will not carry forward to the next quarter. Your order may not exceed your quarterly benefit limit. Limitations and restrictions may apply. Cash, check, credits cards, or money orders are not accepted.

Kaiser Permanente is an HMO plan with a Medicare contract. Enrollment in Kaiser Permanente depends on contract renewal. You must reside in the Kaiser Permanente Medicare health plan service area in which you enroll.

