

STATE OF MARYLAND EMPLOYEES



MAKE THE BEST CHOICE FOR A HEALTHY TOMORROW

Open Enrollment Dates: October 15, 2024 – November 8, 2024

As a Kaiser Permanente member, you'll experience personalized, convenient care. Read on to learn more:

High-quality, convenient care

- **Choose your doctor—and change anytime**—from [1,800+ physicians](#), including hundreds recognized in local publications as Top Doctors;¹ plus we're the only 5-star commercial health plan in the region²
- **Do more in one trip**—our [35+ medical facilities](#) in MD, VA, and DC, offer doctors, pharmacy, lab, and X-ray in the same location
- **Care your way**—[in person, by phone or email, via video or chat](#). With so many options, we're always here to help keep you healthy
- **Wellness resources**—[to guide you in achieving physical and emotional well-being](#)

Great extras

- Easy-to-use [Kaiser Permanente app](#)³
- [Programs and classes](#) designed to help you achieve your health goals
- [Self-care apps](#) to support mental wellness⁴
- [Online lifestyle programs](#) for healthier living
- [Wellness coaching](#) by phone at no additional cost

Want to learn more? Call Member Services, 7 days a week, 7 a.m. to 11 p.m., at **855-839-5763** (TTY 711).

Your 2025 benefits at a glance

| Active employees | Your Kaiser Permanente plan |
|--|--------------------------------|
| Outpatient services (per visit or procedure) | |
| Preventive care | \$0 |
| Primary care office visit | \$15 |
| Specialty care office visit | \$15 |
| Prescription drugs (up to a 30-day supply at plan medical center pharmacies, or up to a 90-day supply for 2 copays—mail order) ⁵ | |
| Prescription drug coverage | Not covered under medical plan |
| Hospital and facility (per admission) | |
| Outpatient surgery (per visit) ⁶ | \$0 |
| Inpatient hospital care (per admission) ⁶ | \$0 |
| Maternity | |
| Routine prenatal care visit, first postpartum visit | \$0 |
| Inpatient delivery (per admission) | \$0 |
| Emergency and urgent care (per visit or trip) | |
| Emergency care ⁷ | \$150 |
| Urgent care ⁷ | \$15 |
| Most lab tests / X-rays | \$0 |

Notes:

For more information on rates and benefits, visit dbm.maryland.gov/benefits.

This is a summary of the features of the Kaiser Permanente plan. For more information, read your Kaiser Permanente Summary of Benefits and Coverage. All benefits are subject to the definitions, limitations, and exclusions set forth in the *Evidence of Coverage*.

¹ Permanente physicians are recognized as Top Doctors in Arlington Magazine (2024), Northern Virginia Magazine (2024), Baltimore magazine (2023), Bethesda magazine (2023), and Washingtonian magazine (2023).

² In the NCQA Commercial Health Plan Ratings 2023, our commercial plan is rated 5 out of 5, the highest rating in the region. When appropriate and available.

³ To use the Kaiser Permanente app, you must be a Kaiser Permanente member registered on kp.org.

⁴ These apps are not covered under your health plan benefits and are not subject to the terms set forth in your *Evidence of Coverage* or other plan documents. These services may be discontinued at any time without notice.

⁵ Up to a 30-day supply; Up to a 90-day supply for 3 copays at plan and participating pharmacies; Up to a 90-day supply for 2 copays through Mail Order Pharmacy. For more information about prescription drugs and other common medical events, including exclusions and limitations, read your Summary of Benefits and Coverage (SBC). Plan providers determine the drug that is medically necessary. If you request another drug, you pay prices charged to members for non-covered drugs. Certain medications are eligible for Mail Order Pharmacy. Mail Order Pharmacy can deliver to addresses in MD, VA, DC, and certain locations outside the service area.

⁶ There is no charge after the office visit, outpatient, or inpatient hospital copayment is made.

⁷ Per visit or trip as an outpatient at a hospital, when you receive care at a Kaiser Permanente facility. Out-of-network urgent care available when out of service area.

Kaiser Permanente medical facilities (with premier hospitals)

Maryland

- 1 Abingdon Medical Center
- 2 Annapolis Medical Center
- 3 **FUTURE LOCATION**
Medical Center in Aspen Hill
- 4 Kaiser Permanente Baltimore Harbor Medical Center
- 5 Bowie Fairwood Medical Center
- 6 Camp Springs Medical Center
- 7 Columbia Gateway Medical Center
- 8 Kaiser Permanente Frederick Medical Center
- 9 Gaithersburg Medical Center
- 10 Kensington Medical Center
- 11 Largo Medical Center
- 12 Lutherville-Timonium Medical Center
- 13 Marlow Heights Medical Center
- 14 North Arundel Medical Center
- 15 Shady Grove Medical Center
- 16 Silver Spring Medical Center
- 17 South Baltimore County Medical Center
- 18 **FUTURE LOCATION**
Southern Maryland Medical Center
- 19  Friendship Heights
by KAISER PERMANENTE.
- 20 West Hyattsville Medical Center
- 21 White Marsh Medical Center
- 22 Woodlawn Medical Center

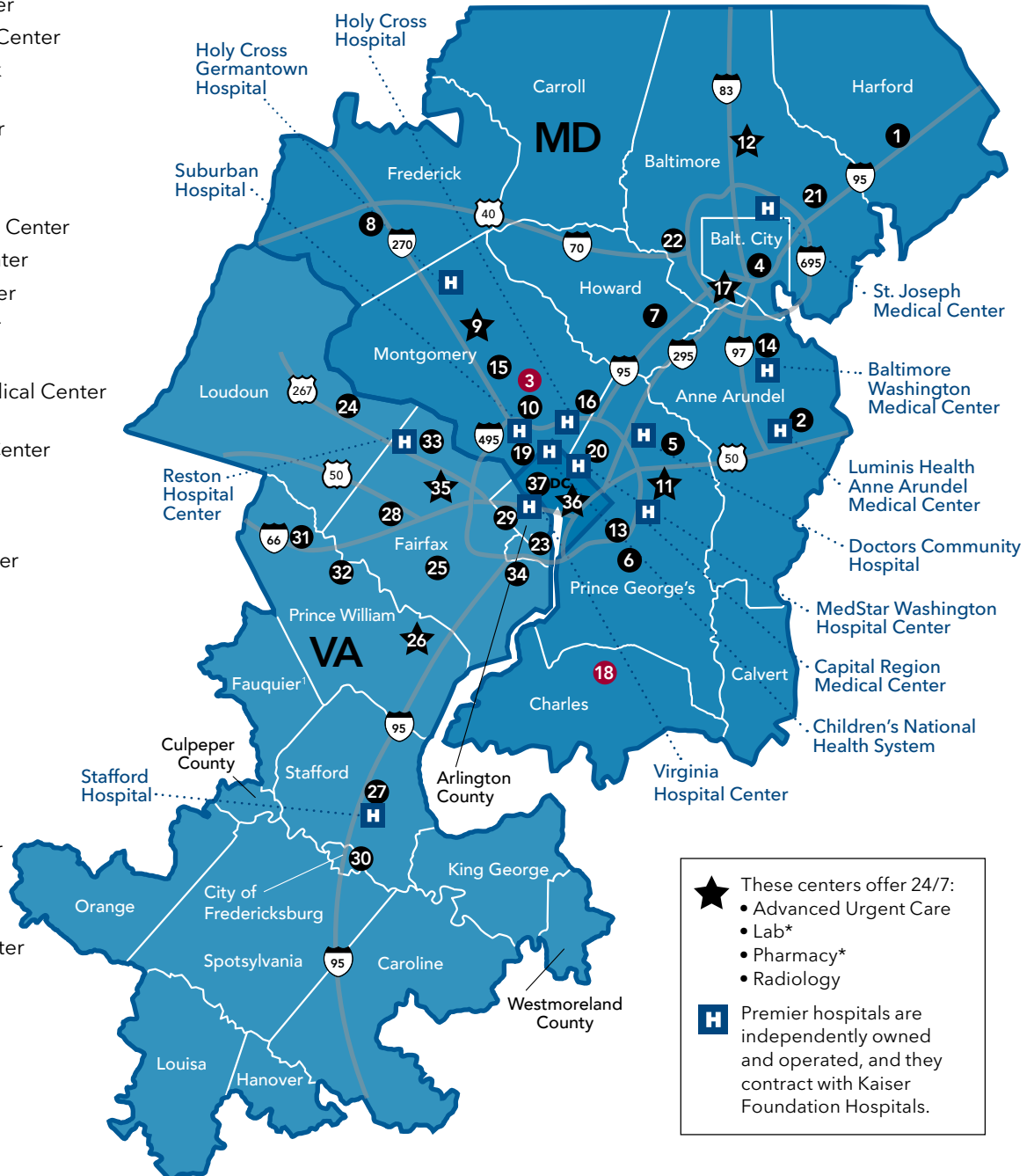
Virginia

- 23 Alexandria Medical Center
- 24 Ashburn Medical Center
- 25 Burke Medical Center
- 26 Caton Hill Medical Center
- 27 Colonial Forge Medical Center
- 28 Fair Oaks Medical Center
- 29 Falls Church Medical Center
- 30 Fredericksburg Medical Center
- 31 Haymarket Crossroads Medical Center
- 32 Manassas Medical Center

- 33 Reston Medical Center
- 34 Springfield Medical Center
- 35 Tysons Corner Medical Center

Washington, DC

- 36 Kaiser Permanente Capitol Hill Medical Center
- 37 Northwest DC Medical Office Building



- ★ These centers offer 24/7:
 - Advanced Urgent Care
 - Lab*
 - Pharmacy*
 - Radiology
- H Premier hospitals are independently owned and operated, and they contract with Kaiser Foundation Hospitals.

*Extended pharmacy hours at Gaithersburg and Lutherville-Timonium and extended lab hours at Tysons Corner.

For our most up-to-date listing of facilities and services available, please check kp.org/facilities.

*Kaiser Permanente's service area in Fauquier County includes the following ZIP codes: 20115, 20116, 20117, 20119, 20128, 20137, 20138, 20139, 20140, 20144, 20181, 20184, 20185, 20186, 20187, 20188, 20198, 22406, 22556, 22639, 22642, 22643, 22720, 22728, and 22739.

TAKE A LOOK AT YOUR MICROSITE, TODAY!

 KAISER PERMANENTE® | State of Maryland

Member sign on

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“Healthy citizens are the
greatest asset any
country can have.”

— Winston Churchill



Health Benefits

Together, we are working toward a
healthier community.

Welcome, State of Maryland employees!

You're working to change the future every day. Now you can choose the future of health care to put to work for you. Our unique combination of top doctors,¹ personalized care, convenience, and great plans is one smart choice. Learn more, make the switch. It's easy!



EASY TO JOIN

Visit myhealth.kp.org/maryland today—you'll find all this and more:

- Discover what makes us different and how we put YOU at the center of your care.
- Explore your benefits and conveniently download plan documents.
- Find a Kaiser Permanente location near your home or work.
- Learn about our top-rated care and award-winning doctors.^{1,2}
- See how easy it is to join Kaiser Permanente.

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