

# Complementary and alternative medicine

Your employer has contracted with Kaiser Permanente to provide this added benefit.

You are covered for the following services when deemed medically necessary and prescribed by a plan provider in consultation with Kaiser Permanente's Complementary Alternative Medicine Department for (a) wellness management; (b) chronic pain; or (c) chronic illness management.

## **Acupuncture and chiropractic—you pay \$15 per visit**

Exclusions: Services requested by the member that are not deemed medically necessary by the plan provider in consultation with the Kaiser Permanente Complementary and Alternative Medicine Department; and the member's medical condition does not satisfy health plan's clinical guidelines established for alternative care.

The number of visits needed to reach the maximum level of recovery will be determined by the plan provider and shall not exceed a total of 20 visits for acupuncture and chiropractic therapy per contract year.

Kaiser Permanente is an HMO plan with a Medicare contract. Enrollment in Kaiser Permanente depends on contract renewal. You must reside in the Kaiser Permanente Medicare health plan service area in which you enroll.

