

With Select Care, it's easy to find **your doctor**



CHOOSE FROM THOUSANDS OF HIGHLY SKILLED PHYSICIANS IN THE REGION—AND CHANGE ANYTIME

With our Kaiser Permanente Select care delivery system, you get quality care from 1,800+ physicians in the Mid-Atlantic Permanente Medical Group, P.C. (Permanente), as well as thousands of community physicians in private practice. You also get access to additional hospitals, urgent care centers, labs, and pharmacies.

Here's how to choose the physician who's best for you:



FIND A KAISER PERMANENTE PHYSICIAN

To find a doctor who practices in a Kaiser Permanente facility, visit **kp.org/doctor** and choose **Doctors & Locations**.



FIND A COMMUNITY PHYSICIAN

To find a provider near you who does not practice in a Kaiser Permanente facility:

Step 1: Go to **kp.org**, select **Doctors & Locations**, and choose your region from the dropdown list.

Step 2: Under **Search for doctors in the Mid-Atlantic States**, choose **Search our affiliated and network physicians/providers** and select your Kaiser Permanente Select plan in Insurance plan type: Select HMO, Select Deductible HMO, or Select HSA-Qualified.

Step 3: When you find your physician, call Member Services at **800-777-7902** (TTY **711**). Please have the physician's name and address ready.

PLEASE NOTE:

If you choose a Community Physician instead of a Kaiser Permanente physician, your Community Physician will coordinate your care. Speak with your Community Physician on how their care team is organized to support your care.

If your primary care provider is a Permanente physician and you're requesting an external referral to a Community Physician, your Permanente physician will complete and submit an external referral request on your behalf.



KAISER PERMANENTE®